

# North Baltimore Middle & High Schools 2018-2019 Menu



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**BREAKFAST:** Cereal Kit or Blueberry Muffin Kit • Each include: PB&J Bar, String Cheese, Applesauce & Milk

MENU #1	MENU #2	MENU #3	MENU #4	MENU #5
Salisbury Steak Mashed Potatoes/Gravy Pears Roll Milk	Breaded Chicken Patty on Bun Green Beans Peaches Milk	French Bread Pizza Salad Tomatoes Strawberries Milk	Chicken Strips Cooked Carrots Applesauce Milk	Chili Peanut Butter/Bread Cheese Broccoli Mandarin Oranges/Milk
<b>Tiger Bowl</b> Popcorn Chicken, Mashed Potatoes, Gravy, Corn & Cheese Roll/Pears/Milk	Spaghetti with Meat Sauce Salad Breadstick Peaches Milk	Feistada Pizza Tomatoes Carrots Strawberry Cup Milk	Mini Corn Dogs Baked Beans Pineapple Milk	Chicken Nuggets Broccoli Applesauce Cup Milk
Meatloaf Sandwich on Bun Cooked Carrots Pears Milk	BBQ Pork on Bun Green Beans Apples & Grapes Milk	Cheese or Pepperoni Pizza Salad Tomatoes Strawberries Milk	Hot Dog on Bun Baked Beans Applesauce Milk	Mac & Cheese Peanut Butter/Bread Peas Mandarin Oranges Milk
<b>General Tso's</b> Popcorn Chicken/Rice Corn Roll Pears/Milk	Sloppy Joe on Bun Green Beans Apple Pie Milk	Breakfast Pizza Tomatoes Carrots Strawberry Cup Milk	Hamburger or Cheeseburger on Bun French Fries Pineapple Milk	Ham & Cheese Hot Pocket Broccoli Applesauce Cup Cocoa Bar Milk
Cheese or Pepperoni Pizza Breadsticks Green Beans Pears Cocoa Bar Milk	French Toast Sausage Tri-Potatoes Peaches/Juice Milk	Garlic Flatbread Salad Tomatoes Strawberries Milk	Chicken Nuggets Cooked Carrots Apples & Grapes Milk	<b>Nacho Supreme</b> Taco Meat, Refried Beans, Nacho Chips, Cheese Applesauce Cup Milk

## Prices

Lunch \$2.95; Reduced \$.40; Adult \$3.45  
Breakfast \$1.25; Reduced \$.30  
Extra Milk \$.50

**Daily Alternative**  
Salad Bar

**Menu is subject to change**

- Free and reduced applications are available on the school's website [www.nbls.org](http://www.nbls.org) or at any of the school offices
- Online payment options using Ezipay found on the school website [www.nbls.org](http://www.nbls.org)
- **There is a 2 Meal Charge Policy for Meals.** Your student must have funds on his or her account in order to purchase food from the cafeteria. This is not a change from prior years.



**What's for lunch today? Follow the color coded calendar to our 5 week cycle menu**

This institution is an equal opportunity provider

AUGUST 2018	SEPTEMBER 2018	OCTOBER 2018	NOVEMBER 2018	DECEMBER 2018	JANUARY 2019	FEBRUARY 2019	MARCH 2019	APRIL 2019	MAY 2019
S M T W T F S 1 2 3 4	S M T W T F S 2 3 4 5 6 7 8	S M T W T F S 1 2 3 4 5 6	S M T W T F S 1 2 3	S M T W T F S 1	S M T W T F S 1 2 3 4 5	S M T W T F S 1 2	S M T W T F S 1 2	S M T W T F S 1 2 3 4 5 6	S M T W T F S 1 2 3 4
5 6 7 8 9 10 11	9 10 11 12 13 14 15	7 8 9 10 11 12 13	4 5 6 7 8 9 10	2 3 4 5 6 7 8	6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
12 13 14 15 16 17 18	16 17 18 19 20 21 22	14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15	13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
19 20 21 22 23 24 25	23 24 25 26 27 28 29	21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22	20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
26 27 28 29 30 31		28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29	27 28 29 30 31	24 25 26 27 28	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31